



एपेक्स इंस्टीट्यूट ऑफ आयुर्वेदिक मेडिसीन एवं हॉस्पिटल

एपेक्स वेलफेयर ट्रस्ट द्वारा संचालित मल्टी स्पेशियलिटी हेल्थ केयर, आयुर्वेदिक रिसर्च संस्थान

एन. एच. 7, वाराणसी- मीरजापुर रोड, समसपुर, हवेली, चुनार, जि. मीरजापुर

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Date: 18-06-2022

To,

The Chairman
NCISM New Delhi

Sub: Information regarding Celebration of International Yoga Days-2022 Under Azadi Ka Amrit Mahotsav for "AMRIT YOGA SAPTAH"

Respected Sir,

We apex institute of Ayurvedic Medicine & Hospital, Samaspur, Chunar, Mirzapur, College Code - AYU0448, Starts AMRIT YOGA SAPTAH Program on Our College Campus with our Faculty, Students & Staff from 14th June, 2022 to 20th June, 2022.

In Continuation of 100 Days Yoga Program and Amrit Yoga Saptah Program for Celebration of International Yoga Days-2022 under "AZADI KA AMRIT MAHOTSAV" we are organizing daily Surya Namaskar Yoga with Other Yoga Asana.

Copy to:

1. Secretary NCISM, New Delhi
2. Secretary Ayush Ministry, new Delhi
3. Dr. Vijay Rai , Nodal officer Azadai ka Amrit Mahotsav, U.P.


(Prof. Ashok Kumar Sonker)
PRINCIPAL

EX INSTITUTE OF AYURVEDIC
MEDICINE AND HOSPITAL
NH-7, MIRZAPUR - VARANASI ROAD
SAMASPUR, CHUNAR, MIRZAPUR - UP



