



एपेक्स इंस्टीट्यूट ऑफ आयुर्वेदिक मेडिसीन एवं हॉस्पिटल

एपेक्स वेलफेयर ट्रस्ट द्वारा संचालित मल्टी स्पेशियलिटी हेल्थ केयर, आयुर्वेदिक रिसर्च संस्थान

एन. एच. 7, वाराणसी- मीरजापुर रोड, समसपुर, हवेली, चुनार, जि. मीरजापुर

फो.: 9628214214, 9415626497 ईमेल: aims.mzp@gmail.com

Date: 14-01-2022

To,

The Chairman
NCISM New Delhi

Sub: Report regarding Activity of "Surya Namaskar" under the Azadi Ka Amrit Mahotsav on dated 14 January, 2022 on the occasion of Makar Sankranti.

Respected Sir,

On the Occasion of Makar Sankranti virtually perform Surya Namaskara & making Registration on the portal of ayush as per your direction letter No. - 20-4/2021/(NCISM) dated 10/01/2022 and 13/01/2022.

In Surya Namaskara Virtual program from our institute, we have done 128 Registration and Perform Surya Namaskara. 128 Registration was done by our Students, Faculty and other Staff .

We attached some photograph and list of registration.

Copy to:

1. Secretary NCISM, New Delhi
2. Secretary Ayush Ministry, new Delhi
3. Dr. Vijay Rai , Nodal officer Azadai ka Amrit Mahotsav, U.P.


DEAN
Apex Institute of Ayurvedic
Medicine & Hospital
Samaspur, Chunar, Mirzapur, U.P.



जादी का
जोश महोत्सव
4 सितंबर 2021
सारा स्वास्थ्य
परिवर्तन रणनीतिकरण
- 2019-20
(संयुक्त जलवायु और स्वास्थ्य)























S.N.	Name of Participant	User ID of Registration	Email Address	Mobile Number	Category
1	Mohammad Rafeek	dr_rafeek	drafeek.ayurveda@gmail.com	8604739297	Faculty
2	Bhavana Yadav	Bhavana Yadav	bhavanay429@gmail.com	9140696060	Students
3	Alok Kumar Verma	alok17999	alokkumarverma17999@gmail.com	7704879083	Students
4	Rama kant Vishwakarma		ramakantvishwakarma17592@gmail.com	8896380318	Students
5	Ashish Kumar Singh	231ashish	231ashishsingh@gmail.com	9140624451	Students
6	Dr.Preeti Maurya		drpreetiimsbhu@gmail.com	9389361818	Consultant
7	Salma bano	Salma bano	salmabano99407@gmail.com	8429018501	Students
8	Satish Gupta		SATISHGUPTA82802@GMAIL.COM	7617019749	Students
9	Harshita Sharma	Harshitasharma1	Harshitacutiee1@gmail.com	9026955013	Students
10	Rubika rai	Rubikarai	rubikasharma12@gmail.com	8299239328	Faculty
11	Amar Chand yadav	Amar	amarchandyadav613@gmail.com	8303596028	Students
12	Diksha Mishra	Diksha21	dikshamishra57@gmail.com	8953292563	Students
13	Swatantra Kumar Vishwakarma	skvishwakarma95	swatantra102030@gmail.com	9621473920	Students
14	Amit mishra	Amitmishra12345	themishrag1998@gmail.com	9984692007	Students
15	Abha Singh	Abha	abha.satyabh.singh@gmail.com	9935346195	Faculty
16	Swastik Srivastava	Swastik07	swastiksrivastava18@gmail.com	7905050313	Students
17	Kuldeep singh	Ashupatels	kuldeepsinghpatel01994@gmail.com	8881810111	Students
18	Kaushal Kumar Singh	Kaushal123	Kaushalsingh8740@gimel.com	9140869923	Hospital Staff
19	RAJNEESH PATHAK	Rajneeshpathak@1987	drajneeshpathak5sept@gmail.com	9140644044	Faculty
20	Ashugour		ashugour98@gmail.com	8081981502	Students
21	Rashmi Gupta	rashmi9935823509@gmail.com	rashmi9935823509@gmail.com	8299788225	Students
22	Dr Virendra Kumar	drvirendra	drvirendrak60@gmail.com	7880576769	Faculty
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24	Dr. Ashish kumar yadav		dr.ashishkumar1989@gmail.com	8576824212	Faculty
25	Aditya kumar		hudsonsapians0@gmail.com	6393473831	Students
26	Aditya Kumar Gupta		adityagupta7232@gmail.com	9512899577	Students
27	Dr. Yogesh Kumar Mishra		mishraykdr@gmail.com	9415991335	Faculty
28	Dr. Yogesh Kumar Mishra	Mishra yogesh	mishraykdr@gmail.com	9415991335	Faculty
29	Dr sunil kumar Singh		sk284731@gmail.com	9559098605	Faculty
30	Dr kulkirti singh	Kulkirti singh	kulkirtisingh@gmail.com	7509582258	Faculty
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32	Sachindra kumar Gupta		mailssachin9450@gmail.com	9936522311	Students
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34	Shivpoojan Singh	1SINGHSP	spsingh221105@gmail.com	8787002636	Students
35	Suruchi singh	Suru@123	singhsuru5842@gmail.com	9335767361	Students
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40	TEJ BAHADUR	Tej@2022	tejbahadurchunar@gmail.com	9453481794	Other
41	Subhi tiwari		subhitiwari002@gmail.com	7985876436	Students
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60	Manish kumar singh		manishkumarsing9793127289@gmail.com	7007422438	Students
61	Divya Giri	Divya Giri	dg513844@gmail.com	9839445103	Students
62	Sarvesh Kumar Pandey	Sarvesh891	sarveshpandey851@gmail.com	7408572708	Hospital Staff
63	Sagar Narkhede	TCRA000010090	sagar.narkhede21@gmail.com	9004616617	Faculty
64	Harsh Srivastava	Harsh7	harshsrivastava9792@gmail.com	8081563614	Students
65	Priyanka Singh	Priyanka Singh	priyankamukul16dec@gmail.com	9977788027	Faculty
66	Priyanka Singh	Priyanka Singh	priyankamukul16dec@gmail.com	9977788027	Faculty
67	Dr.Anoop Kumar Singh	Anup@2022	anoopmyomedex@gmail.com	9036126814	Hospital Staff
68	yashpal singh	yashpal1984	yashpal232102@gmail.com	7839365124	Faculty
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71	Ragini singh	Ragini singh	singhraginisbc@gmail.com	7985878545	Students
72	Ankit jain	Ankit jain	jainankit0308@gmail.com	9548494777	Faculty
73	Rohini Singh	Rohini Singh	rohini1901singh@gmail.com	8299818582	Students
74	Mandavi tiwari	Mandavi tiwari	Priyankatiwarip05@gmail.com	8957827236	Students
75	Dr. ARUNA KUMARI	Draruna	drarunathakur67@gmail.com	8088082291	Faculty
76	Dr.ARUNA KUMARI	Draruna	drarunathakur67@gmail.com	8088082291	Faculty
77	Anju singh	Anjus6064	anjus6064@gmail.com	9839060244	Faculty
78	Priyanka Singh	Priyanka Singh	priyankamukul16dec@gmail.com	9977788027	Faculty
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80	Govindam chaubey	Govindam	govindamchaubey@gmail.com	7275816100	Students
81	Aruna kumari	Aruna21	drarunathakur67@gmail.com	8088082291	Faculty
82	Ishita Chaurasia	Ishita Chaurasia	ishitachaurasia91@gmail.com	9696985991	Students
83	Dr. Stuti Sharma	drstuti	stuti.sharma0904@gmail.com	7651863828	Faculty
85	Dr.Ashish Chand	ashishchand07@gmail.com	ashishchand07@gmail.com	7838569907	Faculty
86	Kumari sakshi	sg1392717@gmail.com	sg1392717@gmail.com	7061400388	Students

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93	Stuti Singh	Stutisingh	stutisingh70@gmail.com	7458806048	Students
94	Pratibha Verma	Pratibhaverma	pratibha10112003@gmail.com	9936652050	Students
95	Ritusingh	Ritusingh	ritu6383@gmail.com	8858944291	Students
96	Anuradha	anuradhaazad465@gmail.com	anuradhaazad465@gmail.com	9628078373	Students
97	Ayush Gupta		09eduayush.gupta@gmail.com	7510019036	Students
98	Ravindra kumar singh	Ravindra kumar singh	ravindrasingh14101@gmail.com	8577051875	Students
99	Manoj Kumar Yadav		mk663000@gmail.com	9839338809	Students
100	Gaurav Singh		gauravrj6070@gmail.com	6386667954	Students
101	Subhi tiwari	Subhitiwari002@gmail.com	subhitiwari002@gmail.com	7985876436	Students
102	Suman Kumari	sk6083903@gmail.com	sk6083903@gmail.com	7488107011	Students
103	Mohsin Ali	alimdmohsin1996pc@gmail.com	mohsinali1996pc@gmail.com	8810999133	Students
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105	Suman Kumari	sk6083903@gmail.com	sk6083903@gmail.com	7488107011	Students
106	Ujjwal Singh	Ujjwalsingh798	ujjwalsingh798@gmail.com	9628880358	Students
107	Rajesh Yadav	Yaduvanshi_16rajesh	ay4149797@gmail.com	9839992963	Students
108	Dr. Ashish kumar yadav	Ashishyadav	dr.ashishkumar1989@gmail.com	8576824212	Faculty
109	Rajat Upadhyay	Rajat Upadhyay	rajatupadhyay1612@gmail.com	9119841788	Students
110	Smriti patel		dr.smritipatel4695@gmail.com	7905626475	Students
111	Mohd Talib Ansari		t811426@gmail.com	8114261182	Students
112	Yogesh Kumar Mishra		mishraykdr@gmail.com	9415991335	Faculty
113	Divya Patel	Divya Patel	divyaaims1@gmail.com	7524058782	Students
114	Mohd Salim		mdsalim7240@gmail.com	7388688328	Students
115	Rama kant Vishwakarma		ramakantvishwakarma17592@gmail.com	8896380318	Students
116	Anjali Singh	7007188273	singhanjali031996@gmail.com	7007188273	Students
117	Aman Sharma		iamamansharma19@gmail.com	9118424345	Students
118	Dr. Debasish Pahari	9831025366	doctorpahari@gmail.com	9831025366	Faculty
119	Deep singh		singhdeepvirat@gmail.com	7394898576	Students
120	Dr Amit Kumar	Dr Amit kumar	singhak44@gmail.com	9936440494	Faculty
121	Prof Dr Prodyot Kumar Ray		prodyotk1660@gmail.com	7980474399	Faculty
122	Deeksha Srivastava		deekshasrivastava1422@gmail.com	8960713041	Students
123	Pramod verma	Pkverma	pramodv078@gmail.com	9450121599	Hospital Staff
124	medicine and	harishbind3@gmail.com	harishbind3@gmail.com	9651186293	Students
125	SANDHYA	sandhya@68	pandeyssandhyap@gmail.com	9452070844	Students
126	Shailja Srivastava		shailskrsvrivastava143@gmail.com	6394408379	Students
127	Kulkirti singh	Kulkirtisingh	kulkirtisingh@gmail.com	7509582258	Consultant
128	Ashish kumar singh		1903ashish2002@gmail.com	9935815933	Students
129	Sonam Patel		sonamo142003@gmail.com	9120706165	Students